









# Week one



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Morning Snack:</u></b> Biscuits</p> <p>Milk or water</p>	<p><b><u>Morning Snack:</u></b> Fresh Fruit </p> <p>Milk or water</p>	<p><b><u>Morning Snack:</u></b> Vegetable Sticks</p> <p>Milk or water</p>	<p><b><u>Morning Snack:</u></b> Savoury Snacks</p> <p>Milk or water</p>	<p><b><u>Morning Snack:</u></b> Breadsticks</p> <p>Milk or water</p>
<p><b><u>Lunch:</u></b>  Creamy pasta with mushrooms, peas and sweetcorn</p> <p><b><u>Pudding :</u></b> Spiced apple cake and custard</p>	<p><b><u>Lunch:</u></b>  Sausages, Mash potato, green beans, carrots and gravy</p> <p><b><u>Pudding :</u></b> Banana cake and custard</p>	<p><b><u>Lunch:</u></b>  Chicken and sweet potato curry with rice and prawn crackers</p> <p><b><u>Pudding :</u></b> Trifle</p>	<p><b><u>Lunch:</u></b> Tomato and onion flan with mash potatoes and baked beans</p> <p><b><u>Pudding :</u></b> Cheesecake</p>	<p><b><u>Lunch:</u></b> Vegetable cottage pie with potato wedges, peas and sweetcorn </p> <p><b><u>Pudding :</u></b> Fruit flan with cream</p>
<p><b><u>Afternoon Snack:</u></b> Fresh Fruit</p>	<p><b><u>Afternoon Snack:</u></b> Bread sticks and raisins</p>	<p><b><u>Afternoon Snack:</u></b> Biscuits</p>	<p><b><u>Afternoon Snack:</u></b>  Vegetable sticks</p>	<p><b><u>Afternoon Snack:</u></b> Fresh fruit</p>
<p><b><u>Tea:</u></b> Pizza Muffins</p> <p><b><u>Pudding:</u></b>  Iced Sponge</p>	<p><b><u>Tea:</u></b> Fish fingers, Spaghetti hoops with bread and butter</p> <p><b><u>Pudding:</u></b> Jelly and ice cream</p>	<p><b><u>Tea:</u></b>  Tomato and basil pasta with crust bread</p> <p><b><u>Pudding:</u></b> Chocolate brownie</p>	<p><b><u>Tea:</u></b> Chicken meatballs with spaghetti</p> <p><b><u>Pudding:</u></b> Fruit and yogurt</p>	<p><b><u>Tea:</u></b> Baked beans on toast</p> <p><b><u>Pudding:</u></b> Choc Ice</p>