











Week Three



Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Morning Snack:</u> Vegetable Sticks</p> <p>Milk or water</p>	<p><u>Morning Snack:</u> Biscuits</p> <p>Milk or water</p>	<p><u>Morning Snack:</u> Fresh fruits</p> <p>Milk or water</p>	<p><u>Morning Snack:</u> Soft cheese on crackers</p> <p>Milk or water</p> 	<p><u>Morning Snack:</u> Fresh fruit</p> <p>Milk or water</p>
<p><u>Lunch:</u> Quorn bolognaise with spaghetti and garlic bread</p> 	<p><u>Lunch:</u> Creamy chicken and mushroom pie with new potatoes, green beans and gravy</p> 	<p><u>Lunch:</u> Roast chicken dinner with roast potatoes, stuffing, broccoli, carrots and gravy</p> 	<p><u>Lunch:</u> Turkey mince lasagne with sweetcorn and garlic bread</p> 	<p><u>Lunch:</u> Cheese and tomato flan with mash potatoes and baked beans</p> 
<p><u>Pudding :</u> Jam sponge and custard</p>	<p><u>Pudding :</u> Carrot cake</p>	<p><u>Pudding :</u> Cheesecake</p>	<p><u>Pudding :</u> Lemon sponge cake with custard</p>	<p><u>Pudding :</u> Banana and custard</p>
<p><u>Afternoon Snack:</u> Fresh Fruit</p>	<p><u>Afternoon Snack:</u> Crisps</p>	<p><u>Afternoon Snack:</u> Vegetable sticks</p>	<p><u>Afternoon Snack:</u> Savoury snacks</p>	<p><u>Afternoon Snack:</u> Biscuits</p>
<p><u>Tea:</u> Assorted sandwiches</p> 	<p><u>Tea:</u> Fish Fingers and spaghetti</p> <p><u>Pudding:</u> Assorted cakes</p>	<p><u>Tea:</u> Cheesy mash with baked beans</p>  <p><u>Pudding:</u> Strawberry whip</p>	<p><u>Tea:</u> Crumpets</p> <p><u>Pudding:</u> Banana cake</p>	<p><u>Tea:</u> Muffins with soft cream cheese</p> <p><u>Pudding:</u> Jelly and ice cream</p> 